	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:05AM		TRIBE FIT JEFF (TU/TH)	TRIBE FIT STRONG JEFF (WED/FRI)	TRIBE FIT JEFF (TU/TH)	TRIBE FIT STRONG JEFF (WED/FRI)		
6:00AM	TRIBE LIFE ROBERTA (M/W)		TRIBE LIFE ROBERTA (M/W)				
6:15 AM		TRIBE FIT STRONG JEFF T/TH		TRIBE FIT STRONG JEFF T/TH			
7:30 AM	TRIBE FIT JAQ M/W/F	TRIBE FIT STRONG JEFF T/TH 7:15AM	TRIBE FIT JAQ M/W/F	TRIBE FIT STRONG JEFF T/TH 7:15AM	TRIBE FIT JAQ M/W/F		
8:15 AM		TRIBE FIT KIM T/TH		TRIBE FIT KIM T/TH		BOX ROX RICK/JETT 8 AM	
8:30 AM	TRIBE FIT MATT M/W		TRIBE FIT MATT M/W		TRIBE FIT STRONG KIM 1 DAY		
9:35 AM	TRIBE CORE KIM M/W/F	TRIBE LIFE KIM T/TH 9:20	TRIBE CORE KIM M/W/F	TRIBE LIFE KIM T/TH 9:20	TRIBE CORE KIM M/W/F	TRIBE FIT 9:15 AM DAY 3 Add On	
5:35 PM	TRIBE LIFE ROBERTA (M/W)	JETT SG 4:15	TRIBE LIFE ROBERTA (M/W)	JETT SG 4:15			
6:00 PM		TRIBE FIT STRONG JEFF T/TH		TRIBE FIT STRONG JEFF T/TH			

New TIME for Tribe LIFE! 9:20 AM Tuesday/Thursday